## Seasonal Calendar VEGETABLES

AuberginesImage: Section of the section o	Asparagus				APR	MAY	JUN	JUL					
Broad Beans       I <thi< th=""> <thi< td=""><td>Aubergines</td><td></td><td></td><td></td><td>APR</td><td>MAY</td><td>JUN</td><td>JUL</td><td>AUG</td><td>SEP</td><td></td><td></td><td></td></thi<></thi<>	Aubergines				APR	MAY	JUN	JUL	AUG	SEP			
Broccoli (green)       Image: Sprouting       JAN       FEB       MAR       APR       JUN       JUL       AUG       SSP       OCT       NVV       DEC         Broccoli (Purple Sprouting)       JAN       FEB       MAR       APR       A       FEB       MAR       APR       AUG       AUG       SSP       OCT       NVV       DEC         Brussel Sproutis       JAN       FEB       MAR       APR       MAY       JUN       JUL       AVG       SSP       OCT       NVV       DEC         Cabbage       JAN       FEB       MAR       APR       MAY       JUN       JUL       AVG       SSP       OCT       NVV       DEC         Cauliflower       JAN       FEB       MAR       APR       MAY       JUN       JUL       AVG       SSP       OCT       NOV       DEC         Cauliflower       JAN       FEB       MAR       APR       MAY       JUN       JUL       AVG       SSP       OCT       NOV       DEC         Cauliflower       JAN       FEB       MAR       APR       AAY       JUN       JUL       AVG       SSP       OCT       NOV       DEC         Kale       JAN <td>Beetroot</td> <td>JAN</td> <td>FEB</td> <td>MAR</td> <td>APR</td> <td>MAY</td> <td>JUN</td> <td>JUL</td> <td>AUG</td> <td>SEP</td> <td>OCT</td> <td>NOV</td> <td></td>	Beetroot	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	
Broccoli (Purple Sprouting)       JAN       FEB       MAR       APR       C       C       C       C       OC       NOV       DEC         Brussel Sprouts       JAN       FEB       MAR       APR       MAY       JUN       JUL       AUG       SEP       OCT       NOV       DEC         Cabbage       JAN       FEB       MAR       APR       MAY       JUN       JUL       AUG       SEP       OCT       NOV       DEC         Carrots       JAN       FEB       MAR       APR       MAY       JUN       JUL       AUG       SEP       OCT       NOV       DEC         Cauliflower       JAN       FEB       MAR       APR       MAY       JUN       JUL       AUG       SEP       OCT       NOV       DEC         Celeraic       JAN       FEB       MAR       APR       GA       GA       JUN       JUL       AUG       SEP       OCT       NOV       DEC         Kale       JAN       FEB       MAR       APR       GA       GA       JUL       AUG       SEP       OCT       NOV       DEC         Kohl-Rabi       GA       GA       GA       GA       JUL	Broad Beans					MAY	JUN	JUL	AUG	SEP			
Brussel Sprouts       JAN       FEB       MAR       APR       MAY       JUN       JUL       AUG       SEP       OCT       NOV       DEC         Cabbage       JAN       FEB       MAR       APR       MAY       JUN       JUL       AUG       SEP       OCT       NOV       DEC         Carrots       JAN       FEB       MAR       APR       MAY       JUN       JUL       AUG       SEP       OCT       NOV       DEC         Cauliflower       JAN       FEB       MAR       APR       MAY       JUN       JUL       AUG       SEP       OCT       NOV       DEC         Celeraic       JAN       FEB       MAR       APR       MAY       JUN       JUL       AUG       SEP       OCT       NOV       DEC         Celeraic       JAN       FEB       MAR       APR       C       C       AUG       SEP       OCT       NOV       DEC         Kale       JAN       FEB       MAR       APR       C       C       JUL       AUG       SEP       OCT       NOV       DEC         Margetout       JAN       FEB       MAR       APR       AAY       JUN       JU	Broccoli (green)					MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Cabbage       JAN       FEB       MAR       APR       MAY       JUN       JUL       AUG       SEP       OCT       NOV       DEC         Carrots       JAN       FEB       MAR       APR       JUN       JUL       AUG       SEP       OCT       NOV       DEC         Cauliflower       JAN       FEB       MAR       APR       MAY       JUN       JUL       AUG       SEP       OCT       NOV       DEC         Celeraic       JAN       FEB       MAR       APR       MAY       JUN       JUL       AUG       SEP       OCT       NOV       DEC         French Beans       C       JAN       FEB       MAR       APR       C       G       AUG       SEP       OCT       NOV       DEC         Kale       JAN       FEB       MAR       APR       C       G       AUG       SEP       OCT       NOV       DEC         Kale       JAN       FEB       MAR       APR       C       G       JUL       AUG       SEP       OCT       NOV       DEC         Margetout       G       G       G       G       JUN       JUL       AUG       SEP       OCT<	Broccoli (Purple Sprouting)	JAN	FEB	MAR	APR						ОСТ	NOV	DEC
CarrotsJANFEBMARAPRJNNJUNAUGSEPOCTNOVDECCauliflowerJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECCeleraicJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECFrench Beans	Brussel Sprouts	JAN	FEB	MAR					AUG	SEP	OCT	NOV	DEC
CauliflowerJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECCeleraicJANFEBMARIIIIISEPOCTNOVDECFrench BeansIIIIMARAPRIUNJULAUGSEPOCTNOVDECKaleJANFEBMARAPRIIIUAUGSEPOCTNOVDECKaleJANFEBMARAPRIIUAUGSEPOCTNOVDECKohl-RabiIIIIIIIIAUGSEPOCTNOVDECLeeksJANFEBMARAPRIIIJULAUGSEPOCTNOVDECMarrowsIIIIIIIAUGSEPOCTNOVDECMushroomsJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECParsnipsJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPotatoes (Main Crop)JANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPotatoes (New Season)IIIIAUGSEPOCTNOVDECIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	Cabbage	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC
CeleraicJANFEBMARIIIIIISEPOCTNOVDECFrench BeansIIIIAPRJUNJULAUGSEPOCTNOVDECKaleJANFEBMARAPRIIAUGSEPOCTNOVDECKaleJANFEBMARAPRIIAUGSEPOCTNOVDECKohl-RabiIIIIIAUGSEPOCTNOVDECLeeksJANFEBMARAPRIIAUGSEPOCTNOVDECMargetoutIIIIIAUGSEPOCTNOVDECMarrowsIIIIAUGSEPOCTNOVDECMushroomsJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECOnionsJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECParsnipsJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPotatoes (Main Crop)JANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECRunner BeansIIIAPRMAYJUNJULAUGSEPOCTII <t< td=""><td>Carrots</td><td>JAN</td><td>FEB</td><td>MAR</td><td>APR</td><td></td><td>JUN</td><td>JUL</td><td>AUG</td><td>SEP</td><td>OCT</td><td>NOV</td><td>DEC</td></t<>	Carrots	JAN	FEB	MAR	APR		JUN	JUL	AUG	SEP	OCT	NOV	DEC
French BeansImage of the set o	Cauliflower	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
KaleJANFEBMARAPRAPRII<	Celeraic	JAN	FEB	MAR						SEP	ОСТ	NOV	DEC
Kohl-RabiImage: Selection of the	French Beans					MAY	JUN	JUL	AUG	SEP	ОСТ		
LeeksJANFEBMARAPRI.I.I.I.AUGSEPOCTNOVDECMangetoutI.I.I.I.I.I.JUNJULAUGSEPOCTNOVIIIIMarrowsI.I.I.I.I.I.III.AUGSEPOCTNOVDECMushroomsJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECOnionsJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPak ChoiJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECParsnipsJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPeasJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPotatoes (Msin Crop)JANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECRunner BeansI.I.I.I.APRMAYJUNJULAUGSEPOCTIIIIIIISpinachI.I.APRMAYJUNJULAUGSEPOCTIIIIIIIIISweetcornJANFEBMARAPRMAYJUNJULAUGSEPIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	Kale	JAN	FEB	MAR	APR				AUG	SEP	OCT	NOV	DEC
MangetoutImage of the second seco	Kohl-Rabi							JUL	AUG	SEP	OCT	NOV	
MarrowsImage: second secon	Leeks	JAN	FEB	MAR	APR				AUG	SEP	OCT	NOV	DEC
MushroomsJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECOnionsJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPak ChoiJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPak ChoiJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECParsnipsJANFEBMARAPRCCJULAUGSEPOCTNOVDECPeasJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPotatoes (Main Crop)JANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPotatoes (New Season)IIIMARAPRMAYJUNJULAUGSEPOCTINOVDECRunner BeansIIIMARAPRMAYJUNJULAUGSEPIIISpinachIIIMARAPRMAYJUNJULAUGSEPOCTNOVDECSweetcornIIMARAPRMAYJUNJULAUGSEPOCTNOVDEC	Mangetout						JUN	JUL	AUG	SEP	ОСТ		
OnionsJANFEBMARAPRMAYJULJULAUGSEPOCTNOVDECPak ChoiJANJANAPRAPRMAYJUNJULAUGSEPOCTNOVDECParsnipsJANFEBMARAPRAPRJULJULAUGSEPOCTNOVDECPeasJANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPotatoes (Main Crop)JANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPotatoes (New Season)IIIMARAPRMAYJUNJULAUGSEPOCTIIRhubarbIIMARAPRMAYJUNJULAUGSEPOCTIIIShallotsIIAPRMAYJUNJULAUGSEPIIIISweetcornJANFEBMARAPRMAYJUNJULAUGSEPIIII	Marrows							JUL	AUG	SEP	ОСТ	NOV	
Pak ChoiJANJANAPRMARJUNJULAUGSEPOCTNOVDECParsnipsJANFEBMARAPRIIAUGSEPOCTNOVDECPeasIIIIIIAUGSEPOCTII	Mushrooms	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC
ParsnipsJANFEBMARAPRIJULAUGSEPOCTNOVDECPeasIIIIIIIJUNJULAUGSEPOCTIIIIIIIPotatoes (Main Crop)JANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPotatoes (New Season)IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	Onions	JAN	FEB	MAR	APR	MAY		JUL	AUG	SEP	OCT	NOV	DEC
PeasImage: series of the series o	Pak Choi	JAN			APR	MAY	JUN	JUL	AUG	SEP	ост	NOV	DEC
Potatoes (Main Crop)JANFEBMARAPRMAYJUNJULAUGSEPOCTNOVDECPotatoes (New Season)IIIIMAYIIAUGSEPOCTIIIRhubarbIMARAPRMAYJUNJULAUGSEPOCTIIIIRunner BeansII	Parsnips	JAN	FEB	MAR	APR			JUL	AUG	SEP	ОСТ	NOV	DEC
Potatoes (New Season)Image: Season of the seaso	Peas						JUN	JUL	AUG	SEP	ост		
RhubarbImage: Sep of the second s	Potatoes (Main Crop)	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC
Runner BeansImage: Second	Potatoes (New Season)					MAY			AUG				
Shallots     MAY     SEP       Spinach     APR     NOV       Swedes     JAN     FEB     MAR     APR     MAY     JUN     JUL     AUG     SEP     OCT     NOV       Sweetcorn     Image: Sep s	Rhubarb			MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT		
Spinach     APR     NOV       Swedes     JAN     FEB     MAR     APR     MAY     JUN     JUL     AUG     SEP     OCT     NOV     DEC       Sweetcorn	Runner Beans						JUN				ОСТ		
Swedes JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC Sweetcorn	Shallots					MAY				SEP			
Sweetcorn	Spinach				APR							NOV	
	Swedes	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC
Turnips Jan Feb Mar May	Sweetcorn												
	Turnips	JAN	FEB	MAR		MAY							

In season

Coming in or out of season

## Fruit 🕖

## Seasonal Calendar

Apples (cooking)	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apples (eating)	JAN	FEB	MAR	APR	MAY			AUG		OCT	NOV	DEC
Blackberries						JUN	JUL	AUG	SEP			
Blackcurrants						JUN						
Blueberries						JUN	JUL	AUG				
Loganberries							JUL					
Raspberries						JUN	JUL	AUG	SEP	OCT	NOV	
Strawberries					MAY	JUN	JUL	AUG	SEP	OCT	NOV	
Tayberries							JUL					

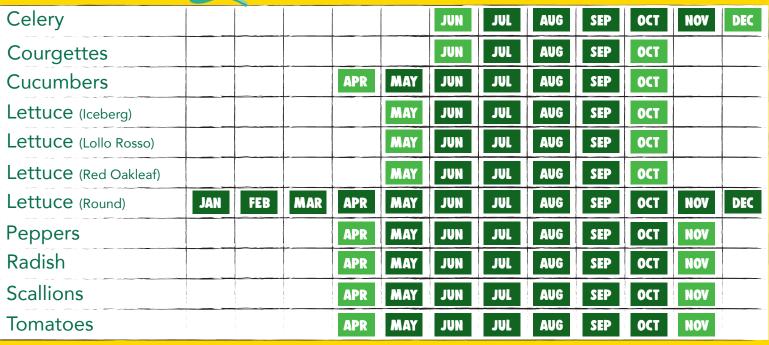


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## Herbs <

Basil			APR	MAY	JUN	JUL	AUG	SEP	OCT NO	V
Chives				MAY	JUN	JUL	AUG	SEP	OCT NO	V
Coriander				MAY	JUN	JUL	AUG	SEP	ОСТ	
Dill				MAY	JUN	JUL	AUG	SEP	OCT NO	V
Fennel					JUN	JUL	AUG	SEP	OCT NO	V
Mint		MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT NO	V DEC
Parsley	JAN		APR	MAY	JUN	JUL	AUG	SEP	OCT NO	V DEC
Sage	JAN		APR	MAY	JUN	JUL	AUG	SEP	OCT NO	V DEC
Thyme	JAN		APR	MAY	JUN	JUL	AUG	SEP	OCT NO	V DEC

In season

Coming in or out of season

From storage